



## *Sweet Surrender...*

*A Meditation*

*I surrender.*

*I surrender my Mind.*

*All the fears that have kept me small are now washed away.*

*Every thought I think is in perfect alignment with my  
Highest Good.*

*I surrender my Body.*

*All that inhibits the full expression of who I AM  
is now gently released.*

*I relax into my Power, and Passion flows through me  
freely and with great joy.*

*I surrender my Soul.*

*The heavy curtains of isolation now fall away.*

*Spirit smiles and radiates from the very core of my Being.*

*Right here, right now, I Surrender ALL.*

*In this moment my Mission is complete;  
my Purpose is fulfilled.*

*In this moment I exist only as*

*Pure Peace...*

*Divine Light...*

*and Perfect Love.*