



## *Suggested Media Interview Questions for "The Journey From Fear to Love"*

1. What makes this book different from other relationship books out there?
2. Can people really eliminate drama from their relationships?
3. What is an "Evolutionary Relationship?"
4. The title of the book implies it's for partners - is it just for people in a relationship?
5. In the book, you talk about "emotional autopilot". What do you mean by that?
6. What do you mean by "waking up?"
7. Why would someone want to "wake up?"
8. How can you tell if you're in a relationship that's based more on fear than on love?
9. Can we really change our outcomes by changing our thoughts?
10. How can choosing different thoughts create more love in a relationship?
11. You talk about "peeing in your own pool." What do you mean by that?
12. Doesn't it take a lot of work to make these changes in a relationship?
13. What's the Fear to Love Project?
14. What happens if someone's partner has no interest in doing anything you mention in the book – can one person in a relationship decide to do this on his/her own?
15. One of your chapters is titled: "This IS All About You" - isn't that selfish?
16. What's your background and expertise to address this topic?
17. What was the inspiration for writing this book?
18. Can a person really just choose to make these changes? Is it that easy?
19. Say more about the distinctions you make in your book between Unconscious and Evolutionary Relationships.
20. How can people get a copy of this book?

*Wake Up Your Relationships \* Transform Your Life \* Heal the World*  
**Laurie Cameron, CC, MCRC**